

Below are themed activities to celebrate Week of the Young Child, April 13 – 17. “Children learn so much as they enjoy music, explore food and cooking, build together, create art, and celebrate their families!”

(National Association for the Education of Young Children, 2020)

Music Monday:

- Dance party!! Here are a few song ideas:
<https://www.youtube.com/watch?v=gzesbQaqhCY>
https://www.youtube.com/watch?v=5_ShP3fiEhU
<https://www.youtube.com/watch?v=Pjw2A3QU8Qg>
<https://www.youtube.com/watch?v=r6cJB7k6eEk>
- Make some noise and rhythms by using wooden/plastic spoons and hitting them on pots and plastic containers you would find in the kitchen.

Tasty Tuesday:

The kids can help make these simple and favorite foods. Enjoy them for breakfast, lunch, or dinner.

French Toast

- All you need is bread and eggs! (Optional: cinnamon, powdered sugar, syrup, honey, fruit)
- Crack eggs into a bowl and mix together
- Dip bread into the egg mixture, make sure all of the bread slice is soaked in egg
- Heat the bread on the pan until it is cooked thoroughly on both sides
- Add any toppings desired!

Pancakes

- Mix it all together and you have your pancake batter. Top with syrup or spread a little jelly/jam to sweeten it up...or eat it plain.

Here is a simple recipe:

1 egg

1 cup flour

$\frac{3}{4}$ cup milk

2 tbsp oil

3 tsp baking powder

$\frac{1}{4}$ tsp salt

Work Together Wednesday:

Indoor Scavenger Hunt

How many of these items can you find around the house?

<input type="checkbox"/> stuffed bear		<input type="checkbox"/> flashlight	
<input type="checkbox"/> paper airplane		<input type="checkbox"/> mug or cup	
<input type="checkbox"/> random sock		<input type="checkbox"/> keys	
<input type="checkbox"/> sunglasses		<input type="checkbox"/> alarm clock	
<input type="checkbox"/> book		<input type="checkbox"/> measuring tape	
<input type="checkbox"/> crayon		<input type="checkbox"/> ball of any sort	
<input type="checkbox"/> toy truck		<input type="checkbox"/> scarf	
<input type="checkbox"/> potted plant		<input type="checkbox"/> building blocks	
<input type="checkbox"/> ruler		<input type="checkbox"/> baby doll	
<input type="checkbox"/> toothpaste		<input type="checkbox"/> salt and pepper	

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Build a super cool structure *together* using blocks, legos, or other type of building material. Create a fun fort using blankets and pillows and any furniture you need to support it.

Artsy Thursday:

- Collage: All you need is paper, glue or tape, and whatever art materials you have laying around and have your child create a collage
- Draw a picture with markers, crayons, or chalk
- Create a playdough structure. If you don't have any playdough, here is a simple recipe:

2 cups flour

1 cup salt

¼ cup oil

4 tsp cream of tartar

2 cups water (add food coloring to the water if you want a certain color)

Combine all ingredients in a bowl. Stir until smooth. Then pour into a non-stick pan and cook over medium heat, stirring constantly. Once it becomes a solid, take it out of the pan and knead it until it's nice and smooth. Be careful...it will be hot. It stores

for a long time as long as the children's hands are clean before playing with it. Store in a gallon-size zip-lock bag or container with a lid.

Family Friday:

- Have your child draw a portrait of everyone in your family
- Take a walk outside together as a family
- Sit down together and watch a favorite movie with popcorn or another favorite snack
- Look through family albums/pictures together and identify & talk about the members of your immediate and extended family