

# ~Week Of The Young Child~ April 11- April 17, 2020

Below are five different activities, to celebrate the week of the young child. "Children learn so much as they enjoy music, explore food and cooking, build together, create art, and celebrate their families!" (National Association for the Education of Young Children, 2020)



## Music Monday:

Make a shaker using a water bottle or any container with a lid, create your own music!

## Artsy Thursday:

You can learn a lot about your child through their artwork! Have your child draw or paint a picture of their family doing something they enjoy. Once your child is done with their artwork you can ask them questions like, "What did you draw here? Who is in this picture? What are they/we doing? Why did you choose to draw that?". Asking open ended questions gets your child's imagination moving and you can learn about what your child is thinking.



## Tasty Tuesday:

Apple Donuts: Slice apples into circles and cut out the centers to make them resemble the look of a donut. Add some cream cheese or yogurt that your child can spread on top to resemble the frosting. To make it more fun, you can add food coloring to the yogurt or cream cheese to add some color. You can also add fun toppings such as sprinkles, chia seeds, and/or small berries to allow your child to customize their creation. If you don't have apples on hand you can substitute them for pineapples, melons, and any other medium to large sized fruit you have.



## Family Friday:

Creating a family tree is a great way to introduce your child to familial connections and strengthen their knowledge about their own family background. Today, make a family tree with names of family members and their relationship to your child (ex. Mom, Dad, Grandma, Uncle, etc.). Feel free to simplify the activity to only include immediate family or make it more complex by adding extended family. You can help your child improve their writing skills by having them write the names of family members to label pictures of them or even encouraging them to draw family members.



## Work Together Wednesday:

Demonstrating working together can help your child learn social emotional skills such as interacting with peers and adults. Today work with your child side by side doing a scavenger hunt. Together you and your child can work as a team to find all the items/shapes on the list. Create your own list or use one of the free printable below.

<https://www.aboutamom.com/free-indoor-savenger-hunt-printable/>

