

Name: \_\_\_\_\_ Date: \_\_\_\_\_



Scan Me

## Week of the Young Child

Hello families!



This week we celebrate the Week of the Young Child. To help you celebrate we have provided a playlist of videos that can help you celebrate:







- Music Monday
- Tasty Tuesday
- Work Together Wednesday
- Artsy Thursday and
- Family Friday


Please remember that these videos are meant to provide ideas, feel free to adjust to best fit the needs of your family.

Have fun!

**View all videos:** <https://app.readyrosie.com/en/playlists/121919>

<p><b>Watch the video with your child. If you don't have access to view videos, please read the description below!</b></p>	<p><b>Do the activity and mark "We did it!"</b></p>	<p><b>Reflect and share: How did it go? What did you learn?</b></p>
<p><b>Fast, Slow</b></p>  <p>For this game, you'll need a musical instrument. You can make one with a bag of beans or a box of pasta.</p> <p>Identify an object a short distance away for your family to walk towards. When you shake the instrument slowly, everyone must walk slowly. When the instrument is shaken quickly, everyone can move faster!</p>	<div style="border: 1px solid black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>We did it!</p>	

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<p><b>Little Chef</b></p>  <p>Introduce new healthy foods by inviting your child to participate in cooking with you! You can let your little one help with counting, scooping, pouring, stirring, and even cracking eggs.</p>	<input data-bbox="755 306 836 386" type="checkbox"/> We did it!	
<p><b>How can I help my child with separation?</b></p>  <p>If your child has trouble separating from you when dropped off at school or childcare, make the routine very predictable. Take pictures of the steps and turn those into a book or a sequence on your phone. Review those steps every day so your child is familiar with the process. Include a special ritual at the end of your routine that reminds your child that they are loved and safe as you leave them with the teacher.</p>	<input data-bbox="755 674 836 753" type="checkbox"/> We did it!	
<p><b>Torn Paper Art</b></p>  <p>Gather a variety of paper such as junk mail or old newspapers and magazines. Invite your child to tear the paper into small pieces. Talk about the colors and shapes of the paper. Encourage your child to use a little bit of glue to arrange the torn paper into a creative work of art.</p>	<input data-bbox="755 1304 836 1383" type="checkbox"/> We did it!	

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<b>Family Photos</b>  <p>Join your child in looking through the photos on your phone or in a family photo album. Talk together about what you see. Ask your child, "Who do you see? What were they doing?"</p>	<input data-bbox="756 306 834 386" type="checkbox"/> We did it!	