

# LBDN INFANT WORLD

May 4-8 | Hands On As We Grow

## HANDS ON AS WE GROW

Hi Infant World Families! This week we wanted to share some at-home sensory activities. Most of these activities only take about 5 minutes to prepare and they are a great way to keep your child engaged for a long period of time. During sensory activities, *no rules apply*. That means the children are allowed to get dirty.

## DO IT YOURSELF (DIY) SENSORY RECIPES

ONLY 5 Minutes of PREP TIME!

### PLAYDOUGH

What you'll need (OPTIONAL: ADD FOOD COLORING):

Mixing Bowl

1 cup of flour

½ cup of salt

½ cup of water



Mudget.com  
INSTRUCTIONS

1. Pour 1 cup of flour in the bowl.
2. Pour ½ cup of salt in the bowl.
3. Gradually stir in ½ cup of water. If mixture is dry, add some more water.
4. Knead dough with hands. If dough is sticky, add more flour.
5. Separate dough into sections in order to add color. You can use food coloring or washable paint.
6. Knead dough to mix color in.

### MOON SAND (MOLDABLE SAND)



Watch this tutorial Ms. Stephanie created!

What You'll Need:

Flour and Oil

<https://www.youtube.com/watch?v=xMV5s7uNotY&t=19s>

### ZOOM GATHERINGS

MONDAY AT 10:30 AM

THURSDAYS AT 3:30 PM

LEARN SPANISH WITH US – WEDNESDAYS AT 10:30 AM

### SPREAD THE LOVE

# Happy Heart Hunt

During the COVID-19 pandemic, let's send our love to the world by making hearts. So, grab your paper and markers and let's start creating! We would love to see your hearts during our Zoom Gatherings.

1. Cut out hearts of any size from any material.
2. Let your child decorate the hearts with a marker, crayon, paint, etc.
3. Attach hearts to a street-facing window to show your love to all.
4. As word spreads, go on a safe (keeping 6 ft distance from others) family walk and see how many happy hearts you can find.



**SQUISHY BAG - MESS FREE!**

The squishy bag is perfect for practicing letters, numbers, name writing, drawing pictures, shapes, and words.

**What You'll Need:**

ZipLoc bag (22 cm x 22 cm)

Tape

Small mixing bowl

Food coloring

1 cup of flour

6 Tablespoons of water

**INSTRUCTIONS**

1. Place flour into a small bowl.
2. Add the food coloring and then add water.
3. Mix until the mixture is well blended.
4. Scoop the flour mixture into the ziploc bag.
5. Place the bag onto a flat surface to gently push out any excess air to avoid air bubbles.
6. Press the clips of the bag closed. Make sure it's tight! Place sticky tape along the opening for extra security.
7. Place the squishy bag onto a table for your child to play with it. Your child can use their finger, a soft paint brush, or a cotton wool bud (Q-tip) to write letters, numbers, and shapes.

**Sensory play** is important for young children because it gives them endless ways to develop and learn. It allows them to use all their senses to explore and make sense of the world around them. Sensory activities facilitate exploration and naturally encourage children to use scientific processes while they play, create, investigate and explore. As children are playing, they are developing their imagination, creative thinking skills, problem solving skills, and their understanding of how one action creates a reaction.

**Frozen Dinosaur Eggs**

What'll you'll need:

Balloons

Mini dinosaur figures (or any miniature figures)

Water

**INSTRUCTIONS**

1. Place mini figures into the balloon and fill it with water.
2. Tie the balloon end together.
3. Put in freezer.
4. Once frozen, take out and peel off the balloon.
5. Let your child think of creative ways to melt it. Provide warm water, salt, cups, and etc.

**5 Reasons Why Sensory Play is Beneficial**

(<https://www.educationalplaycare.com/blog/sensory-play-important-development/>)

1. Research shows that sensory play builds nerve connections in the brain, which lead to the child's ability to complete more complex learning tasks.
2. Sensory play supports language development, thinking skills, fine and gross motor skills, problem solving skills, and social interaction.
3. This type of play aids in developing and enhancing memory.
4. Sensory play is great for calming an anxious or frustrated child.
5. This helps children learn sensory attributes (hot, cold, sticky, dry, etc.)

# LBDN MUNDO INFANTIL

May 4-8 | Manos A Medida Como Crecemos

## MANOS A MEDIDA COMO CRECEMOS

¡Hola Familias del Mundo Infantil! Esta semana queríamos compartir algunas actividades sensoriales en el hogar. La mayoría de estas actividades solo requieren unos 5 minutos para prepararse y son una excelente manera de mantener a su hijo involucrado durante un largo período de tiempo. Durante las actividades sensoriales, no se aplican reglas. Eso significa que los niños pueden ensuciarse.

## HAZ TU MISMO (DIY) RECETA SENSORIAL

SOLO 5 Minutos de TIEMPO DE PREPARACION

### PLASTILINA

Lo que necesitara (OPCIONAL: AGREGAR COLORACION DE ALIMENTOS

Tazon de mezcla

1 taza de harina

½ taza de sal

½ taza de agua

MidgetMomma.com



### INSTRUCCIONES

1. Hechar 1 taza de haina en el tazón.
2. Hechar ½ taza de sal en el tazón.
3. Poco a poco agregue ½ taza de agua. Si a mezcla esta seca, agrega un poco mas de agua.
4. Amasar la masa con las manos. Si la masa es pegajosa, agregue mas harina.
5. Separe la masa en secciones para color. Puede usar colorante alimentario o pintura lavable
6. Amasar la masa para mezclar el color.

### ARENA DE LUNA (ARENA MOLDEABLE)



Mire este tutorial creado de la Sra. Stephanie.

Lo que necesitas:

Harina y Aceite

<https://www.youtube.com/watch?v=xMV5s7uNotY&t=19s>

### REUNIONES DE ZOOM

LUNES A LAS 10:30 AM

JUEVES A LAS 3:30 PM

APRENDA ESPAÑOL CON NOSOTROS - MIÉRCOLES A LAS 10:30 AM

### DIFUNDE EL AMOR

# Happy Heart Hunt

Durante la pandemia de COVID-19, enviemos nuestro amor al mundo haciendo corazones. ¡Entonces, tome su papel y marcadores y comencemos a crear! Nos encantaría ver sus corazones durante nuestras Reuniones de Zoom.

1. Recorte corazones de cualquier tamaño de cualquier material.
2. Deje que su hijo decore los corazones con un marcador, crayón, pintura, etc.
3. Adjunte corazones a una ventana que da a la calle para mostrar su amor a todos.
4. A medida que se corra la voz, vaya a una caminata familiar segura (a una distancia de 6 pies de distancia de los demás) y vea cuántos corazones felices puede encontrar.



**BOLSA SQUISHY-SIN HACER COCHINERO!**

La bolsa blanda es perfecta para practicar letras, números, escribir nombres, hacer dibujos, formas y palabras.

Lo que necesita:

Bolsa ZipLoc (22 cm x 22 cm)

Cinta

Tazon pequeño

Colorante alimenticio

1 taza de harina

6 cucharada de agua

**INSTRUCCIONES**

- 1.
2. Coloque la harina en un tazón pequeño.
3. Agregue el colorante alimentario y luego agregue agua.
4. Mezcle hasta que la mezcla esté bien mezclada.
5. Saca la mezcla de harina en la bolsa Ziploc.
6. Coloque la bolsa sobre una superficie plana para expulsar suavemente el exceso de aire para evitar burbujas de aire. Presione los clips de la bolsa cerrada.
7. Asegúrate de que esté apretado! Coloque cinta adhesiva junto con la abertura para mayor seguridad.
8. Coloque la bolsa blanda en una mesa para que su hijo juegue con ella. Su hijo puede usar su dedo, un pincel suave o un bastoncillo de algodón (cotonete)

para escribir letras, números y formas ■

**El juego sensorial** es importante para los niños pequeños porque les brinda infinitas formas de desarrollarse y aprender. Les permite usar todos sus sentidos para explorar y dar sentido al mundo que los rodea. Las actividades sensoriales facilitan la exploración y animan naturalmente a los niños a utilizar procesos científicos mientras juegan, crean, investigan y exploran. A medida que los niños juegan, desarrollan su imaginación, habilidades de pensamiento creativo, habilidades para resolver problemas y su comprensión de cómo una acción crea una reacción.

**Huevos de dinosaurio congelados**

Lo que necesitara:

globos

Figuras pequeñas de dinosaurios

Agua

**INSTRUCCIONES**

1. Coloque mini figuras en el globo y llénalo con agua.
2. Ate el globo termina juntos. Poner en el congelador.
3. Una vez congelado, saque y retire el globo. Deje que su hijo piense en formas creativas para derretirlo. Proporcione agua tibia, sal, tazas, etc.

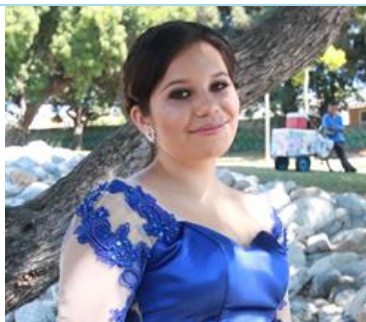
**5 razones por las que el juego sensorial es beneficioso**

(<https://www.educationalplaycare.com/blog/sensory-play-important-development/>)

1. La investigación muestra que el juego sensorial crea conexiones nerviosas en el cerebro, lo que conduce a la capacidad del niño para completar tareas de aprendizaje más complejas.
2. El juego sensorial apoya el desarrollo del lenguaje, las habilidades de pensamiento, las habilidades motoras finas y gruesas, las habilidades de resolución de problemas y la interacción social.
3. Este tipo de juego ayuda a desarrollar y mejorar la memoria.
4. El juego sensorial es excelente para calmar a un niño ansioso o frustrado. Esto ayuda a los niños a aprender atributos sensoriales (calor, frío, pegajoso, seco, etc.)

## Meet the Infant World Teachers

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### Ms. Brenda

I am Brenda Lopez, the new Infant teacher at Long Beach Day Nursery. I have a little over a month working for LBDN. I am currently attending Cerritos College and will be receiving my Associate's Degree in Child Development in May of 2020. In the Fall, I will be attending California State Dominguez Hills to get my BA. I have recently received my Teacher permit. I have been working with children for 7 wonderful years. I believe every child is unique and learns at their own pace. And to better teach each child, I believe building honest relationships with families is one of the main keys for a child's success.



### Ms. Diondra

My name is Diondra Wall. I have a Bachelor of Science Degree in Business Administration. I decided to pursue my dream and help shape the minds of our little people. Therefore, I went back to school and took classes in the Early Child Development field as well. Now, I have been working for Long Beach Day Nursery for 13 memorable years. During this time, I have obtained my Teacher Permit and have been a caregiver for more than a handful of groups. Over a decade, I have built great Parent- Teacher relationships in the interim. I like to set individualized goals for each child. And then exchange strategies with the parents to achieve them together. Overall, I like to create a stimulating environment to inspire each child in all the developmental stages. I truly believe it takes a Village to raise a child and we at Long Beach Day Nursery are here to help.



### Ms. Mercy

Hi I'm Mercy Maglonzo. I am recently enrolled in LBCC taking up Early Childhood Development. I graduated with a BA in Marketing. I have a Master Teacher's Permit. And I have been working with children for 10 years of my life. I became a teacher for one very simple reason - I want to make a difference. I feel that education has the greatest impact. I learned that teaching requires patience, understanding, compassion and enthusiasm. These things are more than I am willing to provide on a daily basis.



### Ms. Noelia

- I have a certificate of Associate Teacher Permit from Cerritos College.
- I have been working at Long Beach Day Nursery for 11 years.
- I've been married for 27 years and I have two children, a boy and a girl.
- I love to crochet as a hobby. It helps me to relax myself.
- I like to do family BBQ's to enjoy time together.
- During quarantine, I'm enjoying eating breakfast and lunch with my husband.
- I love to work with children and their families.



### Ms. Stephanie

Here are a few fun facts about me.

- I am a CSULB alumni with a BA in Child Development and Family Studies.
  - I have my site-supervisor permit.
  - I have been with LBDN for 1.5 years.
  - I have 2 sisters. I'm the middle child!
  - I love coffee.
  - I love to travel and post about it on my travel Instagram blog (@stephtravelsto)
  - During quarantine, I have been working out more!
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### Ms. Xochitl

Greetings, my name is Xochitl Ramirez. I have been a teacher for over 20 years and working with LBDN for 19 years. I always knew I wanted to be a teacher even when I was young. I hope to provide a secure, healthy, creative, supportive, positive, learning and playful environment for the families and the children. I attended Pacific Oaks college where I obtained my Bachelor's Degree in Human Development with a specialization in Early Childhood Education. I have a Site-Supervisor permit from the California Commission on Teacher Credentialing. When I am not teaching, I enjoy watching movies, listening to music, going to music concerts, nature walks, arts and crafts, and especially spending time with my husband and family.

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### Teacher Assistants

Ms. Juliet and Ms. Rosa