
OCTOBER 5 - OCTOBER 9
OLYMPIC TODDLER TEAM



Long Beach Day Nursery



Toddler Activities Fun at Home





MONDAY: MUSIC / MOVEMENT

HAPPY MONDAY! PARENTS, MUSIC AND MOVEMENT HAS BEEN SHOWN TO IMPROVE CHILDREN'S MEMORY, COGNITIVE DEVELOPMENT, LEARNING SKILLS AND EXPRESSIVE ABILITY. AS THEY GET OLDER, THEIR LOVE FOR MUSIC WILL BRING THE MOST OBVIOUS BENEFIT OF CHILDREN PARTICIPATING IN MUSIC AND MOVEMENT: THE RELEASE OF ENERGY.

TURN ON OUR FAVORITE MUSIC, AND GET THE CHILDREN MOVING!

WARM UP - PREPARES THE BODY FOR MOVEMENT OBSTACLE COURSE - IMPROVES CLIMBING ABILITY, COORDINATION AND BALANCE SKILLS CATCHING BALLS- DEVELOPS

HAND/EYE COORDINATION



HAPPYFEET IS A PROGRAM FOR AGES 2-5 THAT FOCUSES ON THE ACQUISITION OF PHYSICAL LITERACY AND THE DEVELOPMENT OF GROSS MOTOR SKILLS. THROUGH THE USE OF STORIES, SONGS, NURSERY RHYMES AND CHILDHOOD GAMES, CHILDREN BEGIN TO DEVELOP THE BASICS OF AGILITY, BALANCE, COORDINATION, STRENGTH

CLICK THE "CLICK HERE" LINK AND START JAMMING!

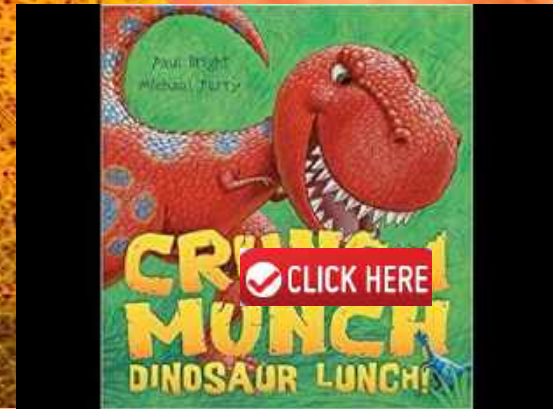
GOALS: GROSS MOTOR (PD-HLTH 1, PD-HLTH 2, LLD1, LLD3). CHILD DEMONSTRATES EFFECTIVE AND EFFICIENT USE OF LARGE MUSCLES TO EXPLORE. FOR EXAMPLE: YOUR CHILD WILL BE ABLE TO TUMP, RUN, AND/OR DANCE AROUND THE ROOM.



TUESDAY: LANGUAGE & LITERACY

HAPPY TUESDAY!!

PARENTS. "HELLO FALL", A GRANDFATHER AND HIS GRANDDAUGHTER WELCOME FALL IN THIS SWEET, WHIMSICAL STORY ABOUT FINDING BEAUTY AND WONDER IN EVERY MOMENT. YOU CAN USE THE VIDEOS THAT ARE PROVIDED DOWN BELOW. PLEASE CLICK ON THE "CLICK HERE" TO GET STARTED. ENJOY!!!



"CRUNCH MUNCH DINOSAUR LUNCH", POOR TY JUST WANTS TO EAT LUNCH, BUT HIS ANNOYING LITTLE SISTER KEEPS GETTING IN THE WAY. SHE IS A TERRIBLE PEST. BUT WHEN A DINOSAUR

THREATENS TO EAT HIS LITTLE SISTER, TY DOES WHAT ANY BIG BROTHER WOULD DO.

GOALS: LANGUAGE AND COMMUNICATION (LLD1, LLD3, LLD5, SED3): USES SIMPLE SENTENCES, SUCH AS 3-4 WORD SENTENCES, TO COMMUNICATE NEEDS AND WANTS. ENCOURAGING YOUR CHILD TO READ WILL HELP THEM IMPROVE THEIR VOCABULARY. READING 15-20 MINUTES A DAY WILL DEFINITELY HELP BUILD THEIR VOCABULARY

WEDNESDAY: SCIENCE

PLAY DOUGH

SCIENCE (PLAYDOUGH RECIPE)

1 CUP FLOUR

1 CUP WATER

1 TABLESPOON OIL

1/2 CUP SALT

FOOD COLORING OR FLAVORING

(OPTIONAL)

COOK INGREDIENTS OVER A MEDIUM

HEAT UNTIL MIXTURE PULLS AWAY

FROM THE SIDES OF THE PAN AND

BECOMES THE RIGHT CONSISTENCY FOR

PLAYDOUGH. KNEAD UNTIL COOL.

KEEP 3 MONTHS IN THE

REFRIGERATOR.

HAPPY WEDNESDAY! PARENTS, SCIENCE HELPS CHILDREN DEVELOP AN UNDERSTANDING OF SCIENTIFIC CONCEPTS AND DEVELOP INQUIRY SKILLS. THESE SIMPLE ACTIVITIES WILL ALLOW YOUR CHILD TO LEARN SOME FUN THINGS ABOUT SCIENCE ALL WHILE EXPLORING. THIS WEEK WE ARE MAKING SOME HOMEMADE PLAYDOUGH. HAVE YOUR CHILD PICK OUT SOME FUN COLORS OF HIS/HERS CHOICE. THEY COULD EVEN MIX THE MIX COLORS AS ANOTHER FUN SCIENCE EXPERIMENT. PLEASE SHARE YOUR EXPERIENCES. WE LOOK FORWARD TO HEARING FROM YOU. CLICK ON THE "CLICK HERE" LINK TO GET YOU STARTED. ENJOY!!!

GOALS: OUR GOAL IS TO CONTINUE TO ENCOURAGE THE CHILD TO COMMUNICATE WHILE EXPLORING THESE FUN ACTIVITIES. SOME SIMPLE ACTIVITIES THAT YOU COULD DO ALL TOGETHER ARE NATURE. WHILE WALKING TOGETHER, YOU COULD BEGIN TO COUNT HOW MANY TREE DO YOU SEE OR YOU CAN BEGIN TO COLLECT "FALL LEAVES" TOGETHER AND EVEN DO A FALL COLLAGE.

(LLD3, LLD 1, COG 1, COG 8, COG 9, COG 11)



THURSDAY - MATHEMATICS :

HAPPY THURSDAY!

PARENTS, WHILE STAYING SAFE AT HOME, THE CHILDREN ARE ABLE TO



ADD USING BUSES AS TOOLS TO ADD OBJECTS WITH.

THE CHILDREN WILL FOLLOW THE MONKEY AS HE GUIDES THEM TO COUNTING USING DIFFERENT OBJECT.



WE WOULD LOVE TO HEAR FROM YOU:). PLEASE CLICK ON THE "CLICK HERE" LINK AND ENJOY.

GOALS: USES A FEW BASIC WORDS TO REFER TO CHANGE IN AMOUNT AND QUANTITY. A INDICATOR WOULD BE BEING ABLE TO USE FINGERS TO SHOW HOW OLD THEY ARE OR BEING ABLE TO IDENTIFY "MORE" OR "LESS" WITH A SMALL NUMBER OF ITEMS WITHOUT NEEDING TO COUNT THEM.

(COG2, COG3)



FRIDAY-HEALTH/ SAFETY:



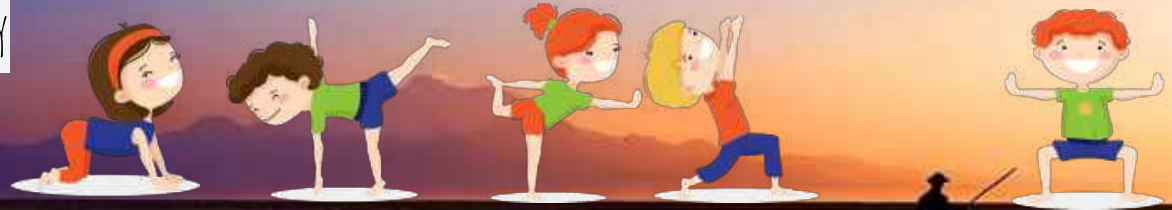
HAPPY FRIDAY FRIENDS! PARENTS, I HOPE YOU AND YOUR CHILD HAD A WONDERFUL FUN WEEK WITH THESE AWESOME ACTIVITIES. PARENTS, PLEASE TALK TO YOUR CHILDREN ABOUT COVID-19. ALSO, TALK TO YOUR CHILD ABOUT THE IMPORTANCE OF WEARING A MASK. WHEN YOUR CHILD RETURNS BACK TO THE CENTER, HE/SHE WILL HAVE A BETTER UNDERSTANDING ON WHY THEIR TEACHERS ARE ALWAYS WEARING A MASK. REMEMBER, IF YOUR CHILD IS UNDER 3, THEY DO NOT HAVE TO WEAR A MASK. THIS VIDEO THAT IS BEING PROVIDED WILL EXPLAIN THINGS YOU AND YOUR FAMILY SHOULD KNOW ABOUT HOW TO STAY SAFE AND ABOUT THE CORONAVIRUS. PLEASE CLICK ON THE "CLICK HERE" TO GET STARTED.. (ATL-REG1, PD-HLTH 5)

MINDFULNESS (REST & RECHARGE):

IT'S THE END OF THE WEEK!

1. DID YOU ENJOY ALL OF THE FUN AND SAFE ACTIVITIES?
2. PARENTS, ASK YOUR CHILD WHAT WAS THEIR FAVORITE ACTIVITY TO TRY OUT AT HOME?
3. ANY SUGGESTIONS?

SEE YOU NEXT WEEK FRIENDS!!



ANNOUNCEMENTS: PARENT MEETINGS CALENDAR 2020 - 2021

- MONTH: **SEPTEMBER 2020** TOPIC: ORIENTATION SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 9/17/20 9/24/20
- MONTH: **OCTOBER 2020** TOPIC: HEALTH & NUTRITION / PC ELECTIONS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 10/21/20 10/29/20
- MONTH: **NOVEMBER 2020** TOPIC: EDUCATION RIGHTS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 11/12/20 11/19/20
- MONTH: **DECEMBER 2020** TOPIC: MENTAL HEALTH WELLNESS & HOLIDAY STRESS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 12/20/20 12/17/20
- MONTH: **JANUARY 2021** TOPIC: ABRIENDO PUERTAS SESSION 1 – I AM MY CHILD'S FIRST TEACHER SESSION 2 – REACHING FAMILY SUCCESS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 1/21/21 1/28/21
- MONTH: **FEBRUARY 2021** TOPIC: ABRIENDO PUERTAS SESSION 3 – MY CHILD GROWS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 2/18/21 2/25/21
- MONTH: **MARCH 2021** TOPIC: ABRIENDO PUERTAS SESSION 4 – MY CHILD TALKS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 3/18/21 3/25/21
- **WORKSHOPS MAY VARY DEPENDING ON FAMILY'S NEEDS & INTERESTS. REV. 9/20**
- MONTH: **APRIL 2021** TOPIC: ABRIENDO PUERTAS SESSION 5 – LET'S CONTINUE OPENING DOORS SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 4/22/21 4/29/21
- MONTH: **MAY 2021** TOPIC: ABRIENDO PUERTAS SESSION 6 – MY HEALTH IS FIRST PART I (NUTRITION) SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 5/20/21 5/27/21
- MONTH: **JUNE 2021** TOPIC: ABRIENDO PUERTAS SESSION 7 – MY HEALTH IS FIRST PART II (MENTAL HEALTH) SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 6/17/21 6/24/21
- MONTH: **JULY 2021** TOPIC: ABRIENDO PUERTAS SESSION 8 – LETS GO TO SCHOOL SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 7/22/21 7/29/21
- MONTH: **AUGUST 2021** TOPIC: ABRIENDO PUERTAS SESSION 9 – ADVOCATING FOR OUR FUTURE SESSION 10 – YES WE CAN! SITE TIME PRE-AGENDA DATE PARENT MEETING LONG BEACH DAY NURSERY 4:00 – 5:00 PM 8/19/21 8/26/21

PLEASE IF YOU HAVE ANY QUESTIONS; PLEASE FEEL FREE TO CONTACT US!!!

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E-mail!

