



**Dates to Remember**  
 January 15-Dr. Martin Luther King Jr. Day- School Closed

**EAST BRANCH: JANUARY 15-19, 2024**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Serving sizes 1-2yr      3-5yr Milk: 1/2c      3/4c Fruit/Veg: 1/4c      1/2c Grain/Meat: 1/2oz      1/2oz		*Toast w/ Jelly <b>Oranges</b> *Whole Milk *1% Milk	<b>Waffles</b> <b>Applesauce</b> *Whole Milk *1% Milk	<b>English Muffins w/ Cheese</b> <b>Apples</b> *Whole Milk *1% Milk	<b>Corn Flakes</b> <b>Oranges/ Bananas</b> *Whole Milk *1% Milk
<b>Lunch</b> Serving sizes 1-2yr      3-5yr Milk: 1/2c      3/4c Fruit/Veg: 1/8c      1/4c Grain: 1/2oz      1/2oz Meat/Alt: 1oz      1-1/2oz	<b>School Closed</b>	<b>Ground Beef Sloppy Joes</b> <b>Cooked Cauliflower</b> <b>Diced Peaches</b> *Whole Milk *1% Milk	<b>Chicken &amp; Noodles</b> <b>Mixed Vegetables</b> <b>Bananas</b> *Whole Milk *1% Milk	<b>Ground Turkey Tortilla Roll-up</b> <b>Cooked Green Beans</b> <b>Fresh Pears</b> *Whole Milk *1% Milk	*Turkey Breast <b>Sandwiches</b> <b>Cheese Sticks</b> <b>Cooked Carrots</b> <b>Apples</b> *Whole Milk *1% Milk
<b>Snack</b> Serving sizes 1-2yr      3-5yr Milk: 1/2c      1/2c Fruit/Veg: 1/2c      1/2c Grain/bread: 1/2oz      1/2oz Meat/ Alt: 1/2oz      1/2oz		<b>Goldfish &amp; Bananas</b>	*Graham Crackers *Whole Milk *1% Milk	*Wheat- Thins & Oranges	<b>Nila Wafers</b> *Whole Milk *1% Milk

- \*Unflavored Whole Milk is served to 12-24-month-old children
- \*Unflavored 1% milk is served to children over 2 years old
- \*Whole Wheat- WW
- \* If you would like more information on serving sizes, please ask the Front Desk.

**This institution is an equal opportunity provider.**